

Guru Nanak College of Arts, Science and Commerce

Criteria 3.1.3

Conference, Seminars, Webinars, Workshops conducted by the college

2020-21

Webinar on Crisis Communication

Webinar was organized on “Crisis Communication” in collaboration with Universal Reach Foundation (NGO) on 26th May 2020. Mr. Mayur Parikh (Veteran Journalist), Dr. Sunder Rajdeep (Chairman, Bos in Mass Media, University of Mumbai), Dr. Swati Mohapatra (Communication Specialist Advocacy- UNICEF), Mr. Sagar Bhalerao (Social Activist and Secretary, URF) were the 4 resource persons for the Webinar.

Webinar on Role of Hindi language in employment.

Department of Hindi organized webinar on Role of Hindi language in employment. By Dr. Sanjeev Nigam on 9th March 2021 at google meet platform. The objective of the webinar was to impart the knowledge of Hindi language in present day job criteria. Total 60 participants attended the webinar. The outcome of the webinar was students acquired the knowledge of Hindi language in present day job criteria.

Workshop on Unlock the Photographer in You

Department of Bachelor of Arts in Multimedia and Mass Communication organised ‘Unlock the Photographer in You’ Workshop on 12th June 2020 at 11 am.

Speaker: Mr Chetan Mathur

To introduce budding photographers to the art of photography and enable students & participants to enhance their photography skills in closed door set up

Workshop on Safety Measures in Laboratory

Report of Safety Measures in Laboratory

Day & Date: 27th November 2020

Venue: Google Meet

Speaker: Ms. Rutuja Sandeep Kumar, Area Sales Manager, Mumbai Regional Office, HPCL
Methodology: Webinar

Department of Chemistry organized a webinar on Safety Measures in Laboratory . In this webinar Rutuja Sandeep Kumar, Area Sales Manager, Mumbai Regional Office, HPCL gave information about LPG and how to use it safely in the laboratory without causing any accidents.

The webinar was planned google meet.

The session started with Head of the Department, Dr. Prashant Lohani who introduced the speaker and thanked and welcomed the speaker and the participants.

Ms. Rutuja Sandeep Kumar explained to the participants the components of LPG and showed various methods which can be employed to safely use LPG in laboratory and home.

She also took various questions from the students.
The Webinar concluded with Dr. Meetali Dasgupta proposing the formal Vote of Thanks.

Webinar on Peer Mentoring on Mental Health

A webinar on Peer Mentoring on Mental Health was organized by Chemistry Department for T.Y.B.Sc. students on 3-5-2021. Ms. Sheeba Nair, Emotional Intelligence and Life Coach and an alumna of our college was the resource person.

The pandemic has affected the students mental well-being due to the continued uncertainty about their college education and post college careers and students are suffering from higher levels of anxiety and depression.

Mental health Counselling and guidance are the need of the hour.

Emotional intelligence can effectively help individuals deal with negative emotional states like stress, anxiety and promote more positive emotions.

Keeping this in mind, this webinar was organized where the speaker guided the students on the skills associated with emotional intelligence. She gave a power-point presentation which focused on self awareness, social awareness, self management and social skills. She explained how emotional intelligence can lead to personal and professional success. She emphasized how a person with high emotional intelligence has sufficient self awareness and can deal with stress effectively.

The webinar was attended by 19 participants.

A feed-back form was filled by all the participants.

The students were immensely benefitted by the webinar.

Mindfulness: Pandemic and Beyond

Department of Psychology

The Department of Psychology had organized an online workshop on Mindfulness: Pandemic and Beyond for the degree college students on 19th March 2021 from 2pm to 5pm. There were 40 students present for the workshop.

The workshop was conducted on Google meet.

The speaker for the workshop was Ms. Varadayini Chitale Gorhe, an enthusiastic and well-known Sport and Performance Psychologist. She was a sport psychologist for the Compound Archery 2014 Commonwealth games & 2018 Asian Games for the Indian Rowing Team. She is currently based out of Pune and runs her own consulting firm called Mind First Performance Psychology. She also is an adjunct faculty at Manipal University's Exercise and Sport Science Department.

The workshop was highly informative and interactive. The speaker conducted a

few activities and demonstrated a few breathing and meditation techniques that will help them be in the present to achieve better focus and concentration on tasks at hand.

Webinar on Herbal Rejuvenation In An Epidemic

Department of Botany

Report on Webinar

Department of Botany organized a Webinar on Herbal Rejuvenation In An Epidemic on 6th June 2020 at 4-5p.m

Objective of this webinar to organized was to inculcate the knowledge and importance of herbal remedies for pandemic. Since entire world was new to the corona virus and some how wanted to be have a preventive measures against this virus everyone was taking herbal remedies. So this webinar was a need of an hour.

Total 118 participants attended this webinar from various field of academic, industry and also common people.

Welcome address was given by Dr. Pushpinder Bhatia, Principal and introduction of the guest speaker was given by Dr. Charuta Vaidya, Head Department of Botany. Our guest speaker was Dr.

Archit Vaidya, M. D, Ayurveda started with the sanskrit sholka based on the health and then nicely explained in detail the common preventive measures one can take in this pandemic. Several participants cleared their doubts regarding the home remedies and also shared their own experiences while practicing the home remedies.

Formal vote of thanks was given by Mr. Ramchandran Nadar, Vice principal. The entire event was hosted by Dr. Shrutika Kumthekar, faculty of Department of Botany.

Outcomes - The participants were enriched about herbal remedies against novel corona virus

Instant PAN card drive - Anitha Madam

Instant PAN card drive was organised on 20th July to 24th July 2020, total 182 students were guided and 106 students downloaded the PAN card successfully.

Webinar on Fundamental Analysis - Anita Madam

Webinar on fundamental analysis was organised on 25th July 2020 in association with MachInfini Institute, around 182 students participated for the webinar.

3 Days Training on Research Design - Anita

3 days training on Research Design was conducted on 29th, 30th and 31st March 2021 by Miss Janshi Rengaswamy BBI In-charge. Around 50 students participated for the training.

5 Days training on "Basic Accounting"

5 Days training on "Basic Accounting" was conducted for FYBBI students by Ms. Anitha Rengaswamy BFM In-charge from 30th May to 3rd June 2021, around 52 students attended the training

SDP - Resume Writing & Public Speaking

Webinar on "Students Development Program" was conducted on 26th August 2020 at 10:00am, Dr. Vanita Joshi from IBS Mumbai shared knowledge on Resume writing and public speaking.

Banker's Talk on "IBPS & Career scope in Banking Industry"

Banker's Talk was conducted on 27th March 2021 at 10am, Mr. Sanjoy Nath (Assistant General Manager) from India Post Payments Bank (West Bengal - Kolkata) highlighted about IBPS & Career scope in Banking Industry

Introductory lecture on use of Google Meet and Classroom

An introductory lecture was conducted on 21st September 2020 for all FY BAF Students to introduce them with the online platform of google meet and classroom. The students were taught functions of different icons visible in google meet. they were also trained for using google classroom, how to use study material in google classroom and how to upload assignments in google classroom. Around 61 students of FY BAF participated in the event.

Webinar on ITR-1 Filing

On 7th March at 11am webinar on ITR-1 filing was conducted to provide practical knowledge to students on filing ITR-1 on google meet platform. Speaker Shweta Redkar, CA demonstrated to the students how to prepare and submit online ITR-1. 114 students joined the webinar.

Investment Awareness programme

Department of Commerce had organized a webinar on the topic "Investment Awareness Program" through zoom platform on 19/05/2021. The objective of the webinar was to impart knowledge on investment and to encourage investment among audience. Nidhi Kothari CA, financial expert, the day's speaker spoke on various avenues of investment. 251 students participated in the program. This was an enriching program, enabling students to understand about various types of investments.

Expert Talk by Sunil Nair

An Industry Expert Talk with Mr. Sunil Nair (Resident Editor, Times of India, Mumbai) was organized on 25th November 2020. The expert gave insights on the nuances of Print industry and Journalism.

Workshop on Documentary making

A Workshop on 'Documentary Making' with Dr. Harsha Aatmakumari was held on 10th December 2020. The students participated in good numbers and learnt about the art of documentary making.

Sound Editing Workshop

A Live Workshop on "Sound Editing" in association with MET Institute of Mass Media was organized on 7th April 2021 with Dr. Mangesh Karandikar (Director, MET- IMM) who demonstrated everything live and online.

Webinar on "Understanding the RTI Act 2005"

A Webinar on "Understanding the RTI Act 2005" was organized on 9th April 2021 with Mr. Simpreet Singh (Project Assistant- NYU, Abu Dhabi). He busted myths about the RTI Act 2005 with this webinar.

Webinar on "Changing Skill Set for Employability Post Pandemic"

A Webinar on “Changing Skill Set for Employability Post Pandemic” was organized on 10th April 2021 with Mr. Deepak Jayaraman (Leadership Coach and Founder Transition Insight Pvt. Ltd.).

Webinar on cyber sakhi

This program is a unique webinar conducted by a team of responsible Netizen for college students to as to foster digital empowerment. A safe cyber experience and ensure mental well-being in cyber space

Webinar on e-waste management

It was an Insightful talk by Mrs. Rashmi Joshi on how to manage E-waste was conducted by The Environment mentoring committee and department of Information technology in association with Sophia Girls College, Ajmer on 21st Jan 2021. Students of both the college attended the session to know how to reduce, reuse and recycle E-waste.

Introduction to blockchain technology

An online interactive session was organized by the Department of Information Technology (IT) for undergraduate students on “Block Chain and Innovation”. This session was facilitated by Mr. Akshay Ridlan of M. Sc. IT on 8th Nov 2020. 44 students actively participated in session and gained knowledge about block chain and crypto currency. This initiative was taken to give an exposure of this current technology used in the industry.

A covid new world order student research national conference

Research centre of Guru Nanak College organized Student Research National Conference on Covid-19 new world order on 5th April 2021 on google meet. Chief Guest was Dr. B.N. Gaikwad, in-charge Registrar, University of Mumbai. The objective of the conference was to inculcate the research culture in the young minds and to know the impact of Covid-19 among the student fraternity. There were total 29 students who presented their research papers in two different technical sessions which were judged by eminent resource person Dr. Sangeeta Pawar, Dept. of Commerce and Senate Member, University of Mumbai and Dr. Elizabeth Mathew, Associate Professor, Head Dept. of Commerce CKP College Panvel. The best research papers were awarded with the winning certificates.

Webinar on Farm Reform Bill

An online webinar on Farm Reform Bill was organized on 4th march 2021. The farm reform bill was an immense burning topic of then and there was a lack of awareness about these newly introduced laws for the farmers of India. In the webinar Dr. Suresh Maind gave a detailed explanation about the three farm bills introduced in the parliament. Dr. Suresh Maind is professor at University of Mumbai and a well-known Agriculture Economist of Indian

Webinar on Composting and Kitchen Gardening

A webinar on ‘Composting and Kitchen Gardening’ was organized by Environmental Mentoring Committee and Department of Environmental Studies for F.Y.B.Com. students on 12-2-2021. Mrs. Rashmi Joshi, Environment Consultant, was the resource person. She gave a power point presentation on the present scenario of dumping of waste, its problems and explained the importance of waste segregation and waste management. She explained the

hazards of improper waste disposal and emphasized on the importance of composting of wet waste. She also gave a demonstration on the technique of kitchen gardening and explained how the compost prepared from wet waste can be used for kitchen gardening. The webinar helped to create an awareness on the technique of Composting and its use in Kitchen gardening in today's urban lifestyle. The webinar was attended by 150 participants. E-certificates were given to all the participants.

Marathi Bhasha Gaurav Din was celebrated online. Mr. Amul Harishchandra Pandit and Mr. Madhav Chirmule were the Chief Guests for the program. Though the program was online, everyone actively participated and appreciated the same on 27th February 2021. 123 students participated in the event.

A webinar on "Netaji Prince among Patriots" on 23rd January 2021. **Parakram Divas:** The History Department along with the NSS Unit also celebrated the 125th birth anniversary of Netaji Subash Chandra Bose with an inspiring scholarly online lecture delivered by Dr. Gaurav Gadgil titled **Netaji Prince among Patriots**". It was attended by 130 NSS students and History students

A webinar on Swami Vivekananda on 12th January 2021- National Youth Day: A webinar was organized on Swami Vivekananda by NSS PO Nandita Moitra on the life and work of Swami Vivekananda 45

A webinar on Fundamental Rights - Constitution Day was observed on 26th November 2020 where a webinar on Fundamental Rights was organized for NSS students. Adv. Anand Mohanraj gave a talk on the same. 51 students participated in the event.

World Suicide Prevention Day: The Department of Psychology and the Counselling cell of the college came together to present a webinar managed by the students of Psychology on "Life is Precious". The students presented the following in the webinar:

- A skit talking about suicide prevention
- A PowerPoint Presentation on "Recognizing the Signs of Suicide"
- Suicide helpline numbers

58 students participated in the event on 10 sept. 2020

Live Demonstration of experiments

On the occasion of a national science day, live demonstration of experiments was conducted by Department of Physics in association with the Bio-physics department of university of Mumbai and Haffkine institute on 18th and 19th March 2021. 85 students participated in the event.